**Pre-Procedure Instructions & Guidelines for Application**

**The following are a few issues that will NOT qualify a person for any eyebrow procedure**:

* Is currently pregnant
* Has cancer and are undergoing chemotherapy or radiation
* Steroid Medication and Prednisone (off for at least 2 months)
* Has and open wound present
* Has aged skin that is extremely thin or severely wrinkled
* Has a bacterial or viral infection

**Please check with the following with your doctor before having a microblade procedure**

* Have diabetes and under doctor care
* Have been in remission from cancer for 1 year
* Have high blood pressure
* Using blood thinning prescriptions
* Have seborrheic dermatitis

**The following facial procedures must be avoided 4 weeks before the microblade procedure**:

* No Botox or Chemical Peels of any kind. These include Glycolic, Pumpkin, Alpha Hydroxy Acid, Salicylic Acid, Microdermabrasion, Laser Facials, Both ablative and non-ablative. Also included are Fraxel, Co2, and IPL laser treatments

**The following procedures must be avoided 1 week prior to a microbladed procedure**:

* All blood thinners including Ibuprofen, Tylenol, Advil, Aleve, Motrin, Aspirin, Excedrin, Warfarin, Coumadin, Oil Supplements such as Fish Oil, Vitamin E Oil, & Primrose Oil.
* Antibiotics, Iron Supplements and Magnesium all compromise the integrity of the skin and avoid Retin-A or any strong skin care products.
* Any mood-altering drugs

**Pre-Procedure Instructions**:

* Please eat something 20-30 minutes prior to your appointment. This keeps your blood sugar steady and helps you to be more comfortable and less sensitive
* Avoid any form of caffeine 2-3 hours prior to your appointment. Caffeine is a stimulant and will heighten your sensitivity.
* If you bruise easily, we recommend taking arnica before procedure and after. Arnica is available at most health food stores.
* If you are required to take antibiotics before dental procedures, please follow the same instructions from your doctor before your procedure.